

Housing supports



Housing supports are provided by agencies and funded by the MCCSS. Here are some types of housing supports that may be available in your community:

Group homes and group living supports

- You will live with a few unrelated people.
- Provide you support for up to 24 hours per day.
- Accommodate you based on your needs and abilities.

Supported independent living

- You live more independently.
- Someone helps you with daily activities.
- You receive between 2 to 10 hours of support during the day every week.
- You must be able to be alone overnight and do things like shower or brush your teeth without help.

Host family home/associate living support

- You live with a family who can provide you with care and supports.
- You are encouraged to become an active member of the household.
- You are matched with a family that has similar interests, needs and lifestyle.

Understanding your housing options

A DSO housing navigator in your area can help you understand your housing options by:

- Providing you with resources and organizations that can help you create a housing plan.
- Providing you with a toolkit of resources to help with a housing plan.
- Connecting you with family support networks to share information.
- Supporting innovative approaches and planning for housing, beyond the traditional models available.

The DSO Housing Toolkit

This online toolkit is a library of housing resources put together by DSO staff, with input from people in similar situations, to help you create a housing plan. The toolkit has been organized into 6 steps to make it easier for you to work through the information.

To view the toolkit visit us online at:

dsontario.ca/housing