

Technology to Support Home and Community Safety, and Personal Health

All of us have diverse strengths and abilities and benefit from support to live life to the fullest. When thinking about independent living for people with exceptional support needs, perhaps it may be useful to focus on how we can give them more control over their environment.

Many people use technology in their everyday lives. For those who need support with learning and maintaining skills that will help to keep them safe and healthy, technology can sometimes help with the process of preparing for living on ones own or with a housemate, it can also support independence and increase piece of mind and quality of life.

Websites and Services to Help You Examine Apps and Other Technology:

[Bell Accessibility Services](#) - Highlights products, features, and services to help meet accessibility needs

[Bridging Apps](#) - A website managed by Easter Seals in the Greater Houston area. This website allows you to search apps by needs, category, price, skill level

[Enabling Technology](#) - This website showcases products for people, families, friends, and supporters

[Habilhome](#) - A directory of applications and technology that can support independence

[Rogers Accessibility Services](#) - Services and supports for people with accessibility needs

[Telus Tech for Good](#): is a primarily educational program that provides customized training and support to people with disabilities who require professional assistance to independently use or control their mobile devices, computers or laptops.

Canadian Examples of Technology & Services for Medical and Personal Safety

[Assure Medical Alert Systems](#): offers in-home and mobile medical alert systems and services with 24/7 access to help.

[Brain in Hand](#): a digital self-management support system that combines human support and digital support to help people who need help remembering things, making decisions, planning, or managing anxiety.

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[Canadian Smart Systems](#): provides alarm systems that allow for automation of energy efficiency, security, and protection for your home & family.

[Full Circle Telecare](#): remote monitoring technology to support independent living for seniors and people with disabilities.

[Invisible Care](#): utilizes a team of skilled support workers to offer remote and in-person support services tailored to individual needs.

[Live Life Personal Mobile Alarms](#) offers in-home and mobile medical alert systems with no monthly monitoring fees.

[Pioneering Technology – Cooking Fire Prevention](#): offers a variety of cooking fire prevention technologies and products.

Products

[Angel Senses GPS](#): is a GPS safety and tracking system designed specifically for those with autism and special needs.

[Door Stop Alarm](#): one of many examples of inexpensive low-tech security door stop alarm available on the market.

[GPS SmartSole™](#): customizable, water-resistant shoe insoles embedded with GPS tracking.

[Nest Protect Smoke and CO Alarm](#): one of many examples of smart smoke and carbon monoxide alarms available on the market.

[Nest x Yale Smart Door Lock](#): one of many examples of smart door locks available on the market.

[Pill Box Dispenser](#): one of many examples of automatic pill dispensers available on the market

[Ring Smart Doorbell](#): one of many examples of smart doorbells available on the market.

[TK-STAR GPS Trackers](#): one of many examples of GPS Tracker/GPS Navigation and GPS wireless communications products available on the market.

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Other Resources

[Access Now](#): An interactive app that pinpoints accessible buildings and businesses

[Be My Eyes](#): an interactive app that connects blind and low-vision users who want sighted assistance with volunteers and companies anywhere in the world, through live video and artificial intelligence.

[Sesame Enable](#): Touch free control for android devices and windows

[Wheelmate](#): This interactive app assists users to locate accessible parking and bathrooms

DSO Tools Resources

1. Find your area DSO: <https://www.dsontario.ca/find-your-dso>
2. What is DSO housing navigation: <https://www.dsontario.ca/housing>
3. Find your local DSO Housing Navigator: <https://www.dsontario.ca/housing/welcome-to-the-dso-housing-toolkit/dso-housing-navigators-contact-list>
4. Events Calendar: <https://www.dsontario.ca/calendar/>

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