## **Building Your Support Team**

Your support team will be made up of people you have invited to come together with you to help to define and support your goals related to the creation of a housing and support plan that matches your personal vision, strengths and needs.

Your support team can provide friendship, help and encouragement, as well as practical advice and assistance with creative ideas and solutions to help you overcome challenges and solve problems as they arise.

Below are some links to information and resources we hope you might find useful as you take steps to build and maintain your support team.

## **Module Related Tools and Resources**

- DSO Housing Toolkit Step 1: https://www.dsontario.ca/housing/welcome-to-the-dso-housing-toolkit/welcome-to-the-dso-housing-toolkit-step-1
- My housing and support plan: <a href="https://www.dsontario.ca/assets/documents/Downloadable-Inserts/Housing-Toolkit/en/My-housing-plan.pdf">https://www.dsontario.ca/assets/documents/Downloadable-Inserts/Housing-Toolkit/en/My-housing-plan.pdf</a>
- 3. My Relationship Circle:

  My relationship circle | DSO (dsontario.ca)
- 4. Do It Yourself (DIY) Community Circle: <a href="https://www.community-circles.co.uk/resources/">https://www.community-circles.co.uk/resources/</a>
- 5. Independent Facilitation and Planning:
  - Ontario Independent Facilitation Network: <a href="https://www.oifn.ca/">https://www.oifn.ca/</a>
  - Partners for Planning: <a href="https://www.planningnetwork.ca/get-connected/facilitators">https://www.planningnetwork.ca/get-connected/facilitators</a>







## 6. Microboards

- Microboards Ontario: <a href="https://www.microboardsontario.com/">https://www.microboardsontario.com/</a>
- Partners for Planning:

https://www.planningnetwork.ca/resources/microboards-safeguarding-the-future-for-our-loved-ones

## **DSO Related Tools and Resources:**

- 1. Find your area DSO:\_ https://www.dsontario.ca/find-your-dso
- 2. What is DSO housing navigation: https://www.dsontario.ca/housing
- 3. Find your local DSO Housing Navigator: <a href="https://www.dsontario.ca/housing/welcome-to-the-dso-housing-toolkit/dso-housing-navigators-contact-list">https://www.dsontario.ca/housing/welcome-to-the-dso-housing-toolkit/dso-housing-navigators-contact-list</a>
- 4. Events Calendar: https://www.dsontario.ca/calendar/





