

Find Your Path to Support

Planning your future



Some Ministry-funded services can take time to start. In the meantime, there are other things you can do on your journey. These resources and activities can help you feel empowered and connected as you navigate your path to support.

DSO Service Navigation

dsontario.ca/find-your-dso

Your DSO can help you define your initial goals when you complete your application package. This includes talking about resources that may be available in your community to support those next steps.



DSO Events Calendar

dsontario.ca/calendar/

Visit the DSO Events Calendar to find and register for events. We host webinars on Housing, Youth Transition, Service Navigation, and more.

DSO Housing Navigation

dsontario.ca/housing

Housing Navigators can help you learn about individualized housing planning, as an alternative to Ministry-funded supportive housing by connecting you with family support networks to share information. They also help you think about new ideas and plans for housing, beyond the usual options.



Community Resources

[dsontario.ca/resources/
community-resources](https://dsontario.ca/resources/community-resources)

Connect to recreation and senior centres, parks, churches, libraries, non-profit organizations, home, housing. Search for activities, information fairs, and special events in your community. You can also explore the resources section of your area DSO's website. Some provincial organizations may be able to help you connect with more local resources too.



DSO Housing Toolkit

dsontario.ca/housing/welcome-to-the-dso-housing-toolkit

The Housing Toolkit is a library of housing resources put together by DSO staff to help you create a housing plan. You can access the free Housing Toolkit on the DSO website.

Besides the services from your area DSO, you can look into other government financial programs that might be available to you.

Ontario Disability Support Program

ontario.ca/page/ontario-disability-support-program-health-and-disability-benefits

If you have a disability and need help with your living expenses, you may be eligible for the Ontario Disability Support Program (ODSP). ODSP offers:



- financial assistance to help you and your family pay for essential living expenses
- health benefits, for you and your family, including prescription drugs and vision care
- help to find and keep a job, and advance your career

Passport Program

passportfunding.ca

The Passport program is a reimbursement program that helps adults with a developmental disability participate in their community. You can either choose to receive the money directly, or purchase your supports and services through an agency. Passport provides funding for services and supports so you can:

- take part in community classes or recreational programs
- develop work, volunteer, and daily life skills
- hire a support worker
- create your own life plan to reach your goals
- get temporary respite for your caregiver(s)

Registered Disability Savings Plan

canada.ca/en/employment-social-development/programs/disability/savings

The Registered Disability Savings Plan (RDSP) can help you and your family save for the future. An RDSP can earn interest tax-free until it is taken out of the plan. The government can make contributions if you have a low or modest family income, regardless of whether or not you contribute financially to your plan.

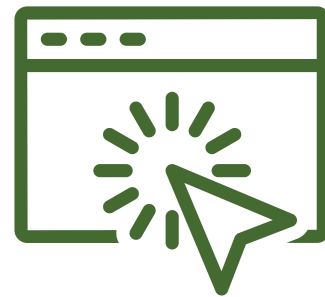


Update Your Information



It is important to keep your local DSO up-to-date about any changes in your situation. For example, call your area DSO if you are planning to move or change your phone number. This helps to make sure we have your current contact information and to confirm that you wish to remain in the service registry.

Explore your area DSO's page on dsontario.ca to find local community resources and programs. Join their [Facebook Group](#) for updates, workshops and more.



Facebook.com/dsontario/groups

DSO Northern Region

Call: 1-855-376-6673

DSO North East Region

Call: 1-855-376-6376

DSO Central West Region

Call: 1-888-941-1121

DSO Eastern Region

Call: 1-855-376-3737

DSO Hamilton-Niagara Region

Call: 1-877-376-4674

DSO Central East Region

Call: 1-855-277-2121

DSO South West Region

Call: 1-855-437-6797

DSO South East Region

Call: 1-855-237-6737

DSO Toronto Region

Call: 1-855-372-3858



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Developmental Services Ontario