

Housemate Matching – Individual Factors

The term housemate describes someone who shares a home with you (or the person you support) but has their own bedroom. Having a housemate or housemates can be beneficial and welcome for many people who are interested in moving to a home of their own.

There are a number of *Individual Factors* that can impact matching and compatibility when looking for a housemate. It can be helpful to do some thinking and reflection about yourself, and what you might be like as a housemate, as well as what sort of housemate you might be looking for. Asking the people in your life to help with this can be useful as people outside of us sometimes see things, it can be difficult to see in ourselves.

It is important to be curious, open and honest with yourself and others, as you work to create a profile of you as a housemate and think of questions you might have for potential housemates, to get a sense of their profile and if there might be a good match.

Below are some links and resources that were shared in the module. Also included are links to some online roommate finders, which are available in some regions of Canada and might be helpful to review.

Module Related Tools and Resources

1. Step 1: <https://www.dsontario.ca/housing/welcome-to-the-dso-housing-toolkit/welcome-to-the-dso-housing-toolkit-step-1>
2. My housing and support plan: <https://www.dsontario.ca/housing-toolkit/my-housing-and-support-plan>
3. My relationship circle: <https://www.dsontario.ca/housing-toolkit/my-relationship-circle>
4. Housemate partnership agreement: <https://www.dsontario.ca/assets/images/banners/Housemates-Partnership-Agreement-Fillable.PDF>
5. Housemate compatibility profiles
 - In My Own Words: <https://www.dsontario.ca/assets/images/banners/Housemate-Compatibility-Profile-In-My-Own-Words.DOC>
 - My Interests, Skills and Habits Checklist: https://www.dsontario.ca/assets/images/banners/Housemate-Compatibility-Profile_My-Interests-Skills-Habits-Checklist.docx

Online Tools and Resources

- Roomies.ca - free peer to peer platform which allows you to create and view ads and communicate with others looking for a housemate: <https://www.roomies.ca/>
- Roomiematch.com – has free and paid options and provides support with finding a housemate using a Q&A survey which go through a human review: <https://www.roomiematch.com/>

DSO Tools Resources

1. Find your area DSO: <https://www.dsontario.ca/find-your-dso>
2. What is DSO housing navigation: <https://www.dsontario.ca/housing>
3. Find your local DSO Housing Navigator:
<https://www.dsontario.ca/housing/welcome-to-the-dso-housing-toolkit/dso-housing-navigators-contact-list>
4. Events Calendar: <https://www.dsontario.ca/calendar/>

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