

Working together

A transition plan is your opportunity to plan for your future.

Who can help with your transition?

You can select someone from your:

- family,
- school,
- community agency, and/or a
- respite worker.

Your role

- Have a voice, your opinion matters.
- Be involved as much as possible.
- Think about your goals for the transition and your future.

Your parent/caregiver

- Helps to develop your goals during the transition.
- Helps to advocate for you, making sure your voice is heard.

How do you prepare?

- Think about your upcoming transition.
- Identify who can help you in the process.
- Choose a lead (you, a professional, or a person you trust and rely on).
- Make sure you have the required documents for the application process.

Making the transition

Step 1: Find your area DSO.

Step 2: Call your area DSO when you turn 16 to see if you are eligible for services.

Step 3: Complete an application package and get connected to available services.

Step 4: Stay in touch so we can keep your file updated.

Some of the services that may be available to you include:

- specialized supports,
- Passport program,
- housing supports,
- community participation supports, and
- caregiver respite supports.

Update your information

It is important to keep your local DSO up to date about any changes in your situation. For example, call us if you are planning to move or change your phone number. This helps us to make sure that we have your current contact information and to confirm that you wish to remain in the service registry.

Need more information?

To find out more, contact Developmental Services Ontario (DSO) by calling 2-1-1, or visit dsontario.ca to find your area DSO.

CONNECT WITH US!
dsontario.ca



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