

Specialized supports are provided by local agencies and funded by the Ministry of Children, Community and Social Services (MCCSS). Some of the types of specialized services and supports that may be available to you include:

## **Adult protective service worker (APSW)**

An APSW can meet regularly with you to help you:

- learn about community supports and ministry-funded services.
- identify your strengths and needs.
- stay informed about supports and direct you to the ones you need.
- develop problem-solving and life skills, like budgeting and learning to use public transportation.

In some communities, adult protective service workers have different titles, such as service coordinator or adult support worker.

## **Behavioural services**

Behavioural consultants can help you by:

- assessing your ability to be independent and recommend skills for daily life.
- assisting you in developing and evaluating your behaviour support plan.
- providing behavioural strategy training to your caregiver and other supports.
- teaching you support strategies to prevent a crisis.

This service is determined by evaluating your needs and may be provided to you directly or through a group setting.

## **Case management services**

A case manager works with you and your family to coordinate formal and informal services and supports to meet your unique goals. These services are often provided on a short-term basis.

# Person-directed planning

A person-directed plan reviews your individual dreams and goals. With the support of an agency or other support person, a person-directed plan helps you find the tools you need to make it happen.

Creating a person-directed plan will help you:

- define a vision of your future life.
- identify your strengths and gifts.
- set goals and make choices.
- find ways for you to participate in communities.
- locate people who can help you achieve your dreams.

## Need more information?

To find out what services are available in your area, or to apply, connect with Developmental Service Ontario (DSO) by calling 2-1-1, or visit [dsontario.ca](http://dsontario.ca) to find your area DSO.

**CONNECT WITH US!**  
**dsontario.ca**



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